Before the candle closes

In hindsight, the bar that printed an hour's high is very often a C2 on the timeframe below. Looking forward, a C2 at a live high turns out to be the high only about half the time.

01 The hour turns on one bar

Find a one-hour candle that topped out — the high of a leg, the top of a session. That hour is sixty minutes of price action, and somewhere inside it a single five-minute bar actually printed the high. Everything after it was the hour coming back down.

Looked at afterwards, that bar is rarely anonymous. It very often has the same shape, which is why, in hindsight, the turn seems to have been on the chart before the hour closed. The catch is the word *hindsight*. The same shape prints at plenty of live highs that the hour then trades straight through, and at the time you cannot tell which one you are looking at.

Here is one of those hours, seen from five minutes. It was picked by a fixed rule — the most recent one-hour C2 whose extreme was printed by a five-minute C2 and held for the next two hours — which is exactly why it cannot tell you how often the idea holds. The count further down does that.

FIGURE 1 – ONE HOUR, SEEN FROM FIVE MINUTES



Figure 1. XYZ100 (Hyperliquid), five-minute candles, 23 September 2026, New York time. The one-hour candle that opened at 09:00 printed 30,704 — the high of that hour, and the next two hours did not take it out. The five-minute bar that made it, at 09:30, took out the high of the 09:25 candle (30,690) and closed back underneath it, at 30,631: sweep and reclaim on the same bar. The panel on the right (1H HTF) is the one-hour chart on the same price scale, C1 to C4: that 09:00 hour (C2) was itself a C2, taking the 08:00 hour's high of 30,667 and closing back below it, at 30,549.

Risk warning: futures and CFDs are leveraged; losses can be fast and, on futures, exceed your deposit. Most retail CFD accounts lose money.
Education only, not financial advice. Past charts don't predict future results.

02 The shape has a name

Sweep, then reclaim. Price trades through the high — or the low — of a prior candle, so the stops resting beyond it get filled and for a moment it looks like a break; then price closes back through the level it just took. That is a **C2**. A sweep on its own says very little: price pokes through highs constantly and keeps going. The close back through is the part that says the attempt failed.

> **What this shows, and what it does not.** That hour did not close until 10:00, and looking back, its high was already marked by a C2 at 09:30. Looking forward is a different question. At 09:30 nobody could know that bar would stand as the high, because C2s print at live highs all the time and many of them are traded straight through. It is a different clock for reading what happened, not an early warning.

03 One chart is an anecdote

So we counted instead, on our research data rather than the chart above. We took 600,788 higher-timeframe C2 turns — higher-timeframe candles that themselves swept and reclaimed — across six markets and seven timeframe pairings, and asked each one the same question: was the lower-timeframe bar that printed the extreme itself a C2?

> **Measured · 600,788 higher-timeframe C2 turns · six markets · seven timeframe pairings · 2021–2026**
>
> **69.9%** of those turns had a C2 on the very bar that printed the extreme. At a matched higher-timeframe extreme that was *not* a C2 turn, the figure is **51–59%**. The honest gap is about 14 points. Comparing with a bar picked at random (21–25%) makes it look three times bigger than it is.

That gap is real, and it is a description of turns after the fact. Looking forward it almost disappears. At a live one-hour high, a five-minute sweep and reclaim went on to become the hour's swing high **51–58%** of the time in our tests, against **49–54%** for ordinary pullbacks of the same depth: a lift of two to four points. Traded, it sat at the level of random entries with the same stop. **It is not an edge**, and nothing in this note should be read as one.

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04 Three questions this note does not answer

That is one idea, given whole — and it is the easy part. The member note takes on three things this one leaves alone.

1. **What if the turn confirms a bar or two late?** Some sweeps close beyond the level first and reclaim after. Look only at the sweep bar and none of those turns register at all.
2. **Why that exact bar, and not a window around it?** The bars either side of the extreme do not behave the same way, and the reason is structural rather than a matter of taste.
3. **How do you read it on a bare chart, step by step?** A level, a sweep, a close, in a fixed order — plus the two places people reliably get it wrong.

None of this needs our indicator to be true. It was measured on ordinary price data, and you can check it on any chart you already have. The Distilled Pro makes it fast, not true — the only honest version of the pitch.

The full note is in the members' vault — with the rest of the work, and the indicator that marks all of this as it happens.

whop.com/the-distilled-indicator

> **Risk warning.** Education only, not financial advice. Trading carries a high risk of loss. Charts are real historical data; nothing here is a signal or a promise of results.

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